



ACTION GYM KIDZ		
Time	Class	Age Range
Monday		
4.15pm - 5.15pm	All round Get Active Classes	5 - 17yrs
5.30pm - 6.30pm	Recreation	5-12 yrs
6.30pm - 8.00pm	Teen Club	12 Yrs +
Wednesday		
3.45pm - 4.30pm	Rising 5's - At School - minimum number required	4/5 Yrs
4.15pm - 5.15pm	All round Get Active Classes	All
4.15pm - 5.15pm	Tumbling	5-12 yrs
5.30pm - 6.30pm	Recreation	5-12 yrs
6.30pm - 7.30pm	Freestyle Award Class	7-14 yrs
Friday		
4.15pm - 5.15pm	Recreation	5-12 yrs
5.30pm - 6.30pm	Recreation	5-12 yrs
4.30pm - 6.30pm	2 Hrs Recreation	Invite Only
6.30pm - 7.30pm	Freestyle Award Class	7-14 yrs
Saturday		
9.30am - 10.30am	Recreation	5-12 yrs
10.45am - 11.45am	Recreation	5-12 yrs
12 Noon - 1.00pm	Recreation	10-12 yrs